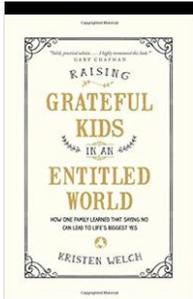


Mom to Mom

Tuesdays from 9:30-11 AM in Hendricks Hall
Kickoff Session September 18th
Sessions September 25th – February 12th
Childcare Available



Open to all St. Brigid moms, Family First's *Mom to Mom* is a vibrant, women's faith sharing group which focuses on motherhood, women's spirituality, and parenting material from a Catholic perspective. Whether you're a "rookie" or "veteran," please join us to share and gain wisdom with support both from other moms like you and our facilitators, Kathy Kelly and Erin Heise. Please see below for details on the book/DVD series offered for our Fall 2018 session. We hope you can join us for one or both!



Raising Grateful Kids in an Entitled World: How One Family Learned That Saying No Can Lead to Life's Biggest Yes

Begins September 25th
Facilitated by Kathy Kelly

It can be so tough not to cave when your children ask for stuff. "I want it! It would make me happy! Can't you please get it for me?" Of course you love your kids—don't you want them to be happy and to fit in, even if it's tough on your wallet and your peace of mind?

In *Raising Grateful Kids in an Entitled World*, moms and dads will learn how to lead and love their children in a biblical way that teaches respect, responsibility, and the value of serving others. Cultivate a spirit of true gratitude in your home.

YOU: Life, Love, and the Theology of the Body

Begins October 2nd
Facilitated by Erin Heise



YOU: Life, Love, & Theology of the Body is a video series made with a teen audience in mind. *YOU* cuts through the noise to present an authentic view of the human person. It presents us with the extraordinary story of our creation as unrepeatably individuals. *YOU: Life, Love, and the Theology of the Body* illustrates how our lives were intended to be a sincere gift for others.

At each meeting, we will watch 1-2 powerful video clips together and follow each video with discussion of what we've learned and how we can communicate these truths to our children and teens.

Please contact Family First chairpersons Melanie Pizzino at mjpizzino@gmail.com or Gretchen O'Reilly at gsoreilly@yahoo.com for more information. Books available from online merchants.